

WORKSHOP DESCRIPTIONS

WORKSHOP 1 · ADORN & BLOOM

I will give them a beautiful crown in exchange for ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of sadness and despair. Isaiah 61:3, VOICE/NIVUK

As women, none of us are strangers to the ups and downs of life, but the hopeful promise of Jesus is that He takes the ashes of our pain, along with the joys of our triumphs, and weaves them together into something beautiful – a crown to be worn that shows the redemptive goodness of God to the world.

Join us for the “Adorn & Bloom” workshop where we will hear about the power of our stories as we make flower crowns that represent the beauty that God is able to create through every part of our lives.

WORKSHOP 2 · BALANCE & BLEND

Dear friend, I pray that you may prosper in every way and be in good health physically just as you are spiritually. 3 John 1:2

God created us as a trinity of spirit, soul, and body – with the intent of each area working together in harmony. While seeking spiritual, emotional, and mental wellness, it’s also important to remember the role our physical bodies play in our overall health.

Due to the busyness of a woman’s life, it can be hard to find practical ways to care for our physical frames, in order to bring balance to all that we are. In this workshop, we’ll hear about God’s heart for our physical health and learn simple ways to show our bodies love through mindful, meditative stretching, and healthy nutrition that can be integrated into any lifestyle.

If you’re joining us for this workshop, be sure to bring an exercise mat (or towel) for the physical portion, as well as an appetite for some healthy blended treats!

WORKSHOP 3 – CREATE & FLOURISH

Creativity is a multi-dimensional gift from a multi-dimensional God that frequently lies dormant within us.

Genesis 1 is filled with a detailed account of God creating magnificent creatures and colorful landscapes. Despite His beautiful example, and the knowledge that we’ve been “created in His image,” many Christians tell themselves they’re not creative. This has unintentionally led to the arts being viewed as a pursuit with no real purpose in the Church.

In this workshop we’ll focus on embracing creativity as an integral component of our identity. Participants will be encouraged to move beyond religious boundaries into freedom, as they express themselves through painting.



BREAKOUT DESCRIPTIONS



BREAKOUT 1 • PEN TO PAPER ■■

My heart is moved by a noble theme as I recite my verses to the king; my tongue is the pen of a ready writer. [Psalm 45:1](#)

From the Old Testament psalmists to current day poets and authors, writing is a gift we have been using to express ourselves for thousands of years. While every form of creativity is valuable and important, our words have the unique power to create worlds, inspire hearts, and tell our stories in a way that only language can do.

If you're a writer, blogger, poet, storyteller, or simply wish to explore this avenue of creativity, this breakout may be exactly what you need to get your "Pen to Paper." Join us for Session 1 where Ayse will be sharing about writing from a place of vulnerability and overcoming the fear and obstacles we may face in the process, or attend Session 2 where Amandalea will teach about creating stories that stem from the authenticity and rawness of our human experience.

BREAKOUT 2 • A BEAUTIFUL FOCUS ■■

Every part of you is so beautiful, my darling. Perfect is your beauty, without flaw within. [Song of Songs 4:7](#)

Uncertainty regarding our identity is one of the biggest hindrances to living the abundant life Jesus paid for us to live. Like looking through a broken camera lens, we'll view ourselves, God, and the world around us in a distorted way if we don't have the Father's perspective.

Learning to love ourselves is vital, but can be difficult if we're not grounded in the truth of our identity in Christ. After all, how can you truly love someone if you don't know who they actually are?

In this breakout, we will explore what it means to view ourselves through God's eyes, and how to love and embrace what we see—both physically and spiritually. Bring a camera or smartphone and get ready to learn some practical photography tips and tricks to bring yourself, others, and the world around you into "A Beautiful Focus."

BREAKOUT DESCRIPTIONS



BREAKOUT 3 • A PLACE TO BELONG ■■

You live fully in me and now I live fully in them...for they will see that you love each one of them with the same passionate love that you have for me. Father, I ask that you allow everyone that you have given to me to be with me where I am! [John 17:23-24](#)

At the core of every woman is the question "Am I lovable? Do I belong?" For many of us, this has been answered negatively or left unanswered altogether, but when we acknowledge our deep longing for home, we find as daughters that Jesus has made a place for us — not only in the community we're a part of, but in the Father Himself.

Join Kim in exploring the themes of loneliness, lovableness, and longing for home. As she shares honest and transparent conversation about her own journey into a place of belonging, you'll be empowered to answer that profound heart question with, "In Jesus, I am deeply loved and deeply home."

BREAKOUT 4 • HEARING HIS VOICE ■■

My sheep hear my voice, and I know them, and they follow me. [John 10:27](#)

Maybe you've heard the old phrase, "it's not religion, it's a relationship." Ask any relationship expert what the most important component for connection is and they'll tell you: communication. God designed us for connection; His desire is to speak directly to us. When we learn how to hear His voice, we find He's got a lot to say.

If you have questions about how to identify the voice of God in your life, or find yourself wishing you could hear Him more clearly, come join us for this crash course in hearing from God and understanding the prophetic gifting! You will be taught the fundamentals of how prophecy works, what its purpose is in the world today, and you'll leave empowered and activated to hear from God for yourself and the world around you.



LEADERS INFO

Leaders Info

WORKSHOP 1 · ADORN & BLOOM

BRITTANY CORNETT

Brittany's heartbeat is to create beauty everywhere, in all things. She is constantly talking about authentic vulnerability, praying without ceasing, and keeping love on. She travels around the country creating communities and uniting humans on the message that "you are not alone." She loves eucalyptus, fireworks, peonies, arrows, bumble bees, garden roses, lions, watermelon, gold, confetti, and a good cup of coffee.

WORKSHOP 2 · BALANCE & BLEND

LINDSAY GROTH & ASHLEY LEWIS

Lindsay is a South Florida native and former professional dancer with a passion for healthy living. Motivated to live a more holistic lifestyle by the loss of her mother to a heart attack and her father to cancer, Lindsay developed a fascination with the diet-disease connection and became a registered nurse. A wife and mom of 3, she enjoys spending quality time with her family, surfing, traveling, and inspiring others to integrate health and movement into their everyday lives.

Ashley is a soon-to-be momma of three girls, wife of 9 years to a handsome South African, and health coach. She has a heart for millennial women, wives, and mommies to be empowered to shine from the inside out through equipping in the avenues of holistic health and spiritual truths about their unique identity, purpose, and beauty.

WORKSHOP 3 · CREATE & FLOURISH

REINA PARRISH

Reina is an artist, mother, therapist, and recovering perfectionist/critic. She has walked through the darkness of abuse, infertility, and traumatic loss to a place of hope and peace. Her testimony has spurred her on to help others move from a shame based identity to one founded in the truth of their intrinsic value.





LEADERS INFO

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BREAKOUT 1 · PEN TO PAPER

AYSE GIRISGEN & AMANDALEA NOEL

Ayse is a momma of three who is passionate about emotional wholeness and freeing women from their own inner critic. She currently engages in micro-blogging and video through social media platforms, engaging her audience in both humor and wisdom.

Amandalea has been writing since she was a child. Inspired by her love for literature, she teaches high school English and is currently pursuing a masters degree in creative writing. Amandalea currently resides in sunny South Florida with her husband and new baby.

BREAKOUT 2 · A BEAUTIFUL FOCUS

HALI WALSH

Hali is a wedding and family photographer and long-time member of The Harbour Church, serving in both the worship and youth ministries. She is passionate about leading people into freedom through encountering the Presence of God, and teaching how to sustain intimate relationship with Him in everyday life. Hali lives in South Florida with her husband, Ian, and their rescue dog, Jenga.

BREAKOUT 3 · A PLACE TO BELONG

KIM WILLIAMSON

Kim is a local mental health counselor and partner of the Harbour Church. She has been married for 25 years, has two daughters, and loves to unwind by being in nature, laughing, and jamming out to loud music in her car.

BREAKOUT 4 · HEARING HIS VOICE

AMANDA JO LAWRENCE

Amanda Jo is the Youth Pastor at the Harbour Church, alongside her husband, where she also serves on the prophetic ministry team. She is passionate about leading people into consistent encounters with God and enabling them to hear His voice for themselves and the world around them.

